

INGERSOLL GENDER CENTER - SEATTLE, WASHINGTON AUGUST, 1997 Q VOL. THREE Q NOS Q PRICE: 11.00/EA. Q \$15.00YR SUBSCRIPTION

BARBIE'S FIRST OUTING! PART I

BY Rebecca Buchanan
Reprinted from the Femme Forum, Houston Texas

"Ken! What are you doing wearing my clothes?!"

"Huh? Oh! B-Barbie, Hi! 1-I was going to go outside for a walk!"

That was me providing the voices for my sister's dolls. I had long ago retrieved them from the back of her closet where she had retired them and when I was alone in the house, I would pull them out and play with them. It was while playing with them that I first got the inspiration to go out in the real world dressed as a girl.

I pulled my long blond hair back and attached a mane comb, put on a little make-up and dug one of my sister Margie's outfits out of her hamper. After a pair of her panties, a bra stuffed with socks an a pair of pantyhose were in place, I pulled on a light green Tee-shirt. Over this came a short, short green plaid skirt and a dark green jacket with the sleeves pushed up above my elbows. I slipped my feet into the dark green flat shoes that Margie wore with this ensemble. Her gold circle bracelet, a gold necklace and gold clip-on earrings completed the transformation. Except for my blond hair, I was a carbon copy of Margie, who was a brunette.

I was ready to face the world! I hurried downstairs before I could talk myself out of it and opened the front door. Seeing the neighborhood was deserted, I closed the door behind me and slipped around the side of the house. Our yard was surrounded by a high privacy fence that would shield me from nosy neighbors. The back of the yard led down to a creek that if

followed for about two miles would bring you to a shopping center. I intended to head there, walk around a bit then head back home before Margie or my parents got home.

I had reached the gate at the rear of the yard which I suddenly remembered I didn't have a key! It was in my pants' pocket on the floor of Margie's bedroom! I scampered back across the yard, back around the house and up onto the porch. I tried the door—locked!

Just then I heard a car coming down the street. I ran to the edge of the porch and saw Margie's battered old Nova rumbling toward the house. Panic!! I shot off the porch and flew around the house again. I had nowhere else to go. I stopped behind the large oak tree that dominated our back yard, and peaked out toward the house. I could hear girlish voices and car doors being shut. Then the voices stopped as everyone went into the house.

I slumped down behind the tree and, pulling my legs together, sunk my head on my knees, trying to decide what to do. I figured they couldn't stay in the house too long, and they certainly had no reason to come out into the back yard, so my decision was to just sit and wait them out. But how would I get back into the house without a key? And Margie was sure to find my clothes in her room...

At that moment, I heard the back door of the house open and feminine voices coming toward me. My heart began pumping blood through my veins at a furious rate, my eyes bulged, and my moth went arid.

"Hi! Whatcha doing?" I looked up at the face peering around the side of the tree. I didn't recognize her. Then, one by one, girls I had never seen before came around the tree and stood facing me—including Margie.

"Do you know her?" the girl said to my sister. I looked at Margie in wideeyed frenzy.





THE HERO'S JOURNEY: DESTINATION BOSTON AUGUST 8-9-10. 1997

Members of the FTM Community are busily planning the upcoming 3rd Annual All-FTM Conference of the Americas. THE HERO'S JOURNEY, August 8, 9, 10, 1997 in Boston, Massachusetts.

Join the Boston FTM community for 2 1/2 days of workshops, panels, seminars, presentations, networking, socializing, and partying for all FTM's and their partners and friends.

Provisional panel and workshop topics include: Corning Out, Sexuality, Tricks of the Trade, Parents of FTM's Panel, FTM's as parents panel, Children of FTM's, Partners of FTM's, Queer Sexuality Issues, Young Men's Issues, Finding a Partner, and many others

Provisional speakers, panelists, and events include: James Green, FTM International, Diane Ellaborn, LICSW, Stuart Chipkin, MD, Paul Costas, MD, Ellie

Altman, PFLAG: Henry Rubin PhD, an FTM art exhibit, and the award-winning new FTM documentary film "You Don't Know Dick".

Registration fees, per person (non-refundable after July 15). Registration fee includes all sessions from Friday, August 8 at 6 p m to Sunday, August 10 at 2:30 p m.

*\$50 if postmarked on or before June 30.
*\$60 if postmarked on or between July 1 and July 31.

*\$75 if postmarked on or after August 1, or at the door

Snacks and beverages will be provided, but you will need to provide for your own transportation, lodging, and meals

Some work/exchange discounts on registration fees are available for those who wish to volunteer to work before during, or after the conference. A limited number of partial-registration fee scholarships are available to those who would otherwise not be able to attend. We will also try to assist those who can't find or afford lodging, please let us know if you will require this assistance.

When we receive your paid registration, we will send you a confirmation posteard. Additional information and materials will follow later. For more information, call Mike at (617) 639-7968 or send e-mail to Mykael at IFGE@worldnet.att.net.

Make check or money order (do not send cash) payable to BFTMC and use the registration form on the page below. There will be a \$20 charge for returned checks. Mail to BFTMC P.O. Box 193, Bellingham, MA 02019, or bring it with you and pay at the door

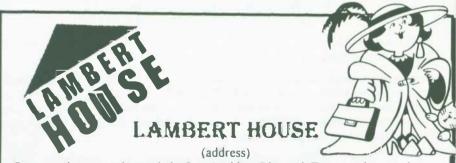
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R	EGISTRATION FORM
Today's Date A	rriving. 8//97 Departing. 8//97
Mailing name(s).	Name(s) for Badge(s):
Address	City/State/Zip:
Phone (optional)	E-Mail (if applicable)
Do you need assistance with lo	odging? Yes No Number of beds required
Smoking or non?	Any allergies?
Do you have any special needs	?
Enclose your registration pay	ment and mail form to BFTMC, P.O. BOX 193,
Bellingham, MA 02019	

TS TO TROD THE BOARDS

Marian Beddill, TS, former Ingersoll Board member and Bellingham activist will be performing in a production of Larry Gelbart's political satire, "MASTERGATE: A Play On Words" at the Bellingham Theater Guild, 1600 H Street, Bellingham, Washington The play is a spoof of the Watergate scandal. Marian, ever the ground breaker, took the part in which she plays a woman senator. The play runs August 3, 5, 9, 13, 15, and 17. The performances on August 3, and 17, are matinee performances at 3:00 pm.

Anyone interested in putting together a theater party for one of the performances, give your name and phone number to your facilitator and she will give it to the office. In any event, "Break a leg, Mariant"



Can you give some time to help Gay, Lesbian, Bisexual, Transgender youth as a Board member or Volunteer? If so, call Lynne at 322-0415 for further information and application materials.

VANITY PLATES CAN TELL THE STORY:

HAYGRRL, HEYBO!!

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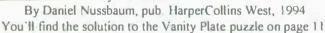


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Idea from California PL8SPK Vanity Plates Retell the Classics





PARDON OUR DUST!!

Sorry for the mess, but big things are happening at Ingersoll! Hopefully by the time you read this, the dust will have literally settled, the painting will be done and the furniture will be back in place

Because of the increased attendance at Ingersoll Support Groups, Ingersoll has moved the administrative offices down the hall (remember the 'mystery door' in the hall as you come into Ingersolf?) into room 105. We then plan to remove the wall between the old office and the meeting room and make the room half again as big as it was. With the additional space we will be able to provide plenty of group for the enlarged support groups (remember having to step over your neighbor to get to the coffeepot?)

A huge thank you goes out to all the facilitators for their hard work, and to all of you who attend meetings and are so generous with your support. This a big step on the road to becoming our own community center. The new space will enable us to present trainings, educational events, and even entertainment. It is only through you that we are able to grow and offer more services to the gender community. You are the reason Ingersoll is unique in all the world.

FTM CALENDAR

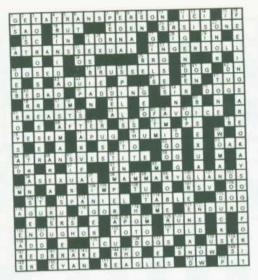
AUGUST, 1997

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*FTM Therapy Group-Jude Patt on
FTM SO group-Carole Miranda-Patton.

**LEAVE MESSAGE ANY TIME (ESPECIALLY WEDNESDAYS)
AND CALLS WILL BE RETURNED ASAP





IMPORTANT INGERSOLL DOINGS IN

AUGUST

All Wednesdays in August: TS Group (Referral Only) 7:30-9:30 PM
All Thursdays in August: Drop In Group (Open) 7-9 PM
All Fridays in August: TV/TS Support Group (Open) 8-10 PM
Phones answered Mondays & Fridays 6-8 pm and Saturdays 10-12 noon
No Ingersoll Board meeting in August.
AUGUST FTM SUPPORT GROUP CANCELED FOR THIS MONTH

AUGUST 16": SECOND ANNUAL

EMERALD CITY/INGERSOLL CENTER

SUMMER PICNIC AT MADRONA SHELTER

(SEE ARTICLE IN THIS MONTH'S NEWSLETTER FOR SPECIFICS)

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- If you want a good explanation of what ingersoli does,
 47. Small pitot boal
 to tell you

 48. If Mom has SRS, she would then to tell you
- 12 How you would say here in France
- 15 Possibility
- 17 Brazilian cty Paulo
 18 Doing the same thing over and over
- 19 Wherethe serpent was
- 20 _____ path for T-folk to take 23 Columbia is the capitol of this State
- 24 Small preposition
- 25 Liza's sister, Judy's daughter
- 28 P _ F _ , R _ , B _ 28 East Chicago and gary are cross in this State 30 Another name for a transgendered person is
- 32 A unique Gender Center 34 Labr for 'bone'
- 35. Slang term for 'brother'
- 36 00 = Over
- 37 Belgian city famous for SRS 40 Yogi'striend BooBoowas a
- 42 One of two ways an elevator travels (abbr)
- 43 Five assent als, mixed up
- 45 Pronounced Say it means 'I know in Spain sh

- 46 Spanish preposition, means the same as #24 across

- 50 Stuffing
- 53 How to address an FTM and a knight in the U K
- 55 Canines
- 56 Ambak is a __ (init)
- 57 Prefix meaning the same as 'un
- 59 the name of the 12th letter
- 61 What MTF's often have augmented
- 63 Albeit's nickname
- 64 The pitch _____ doesn't make you a woman 68 Not before
- 71 Indicates a large vessel
- 73 Guru's taught this (init)
- 74. To say one more thing
- 75 Whal Hamlet said 'To or '
 76 Answering Emily in the affirmative
- 77. A small, ugly dog with a 'smashed' in nose
- 78 Lots of water in the eir

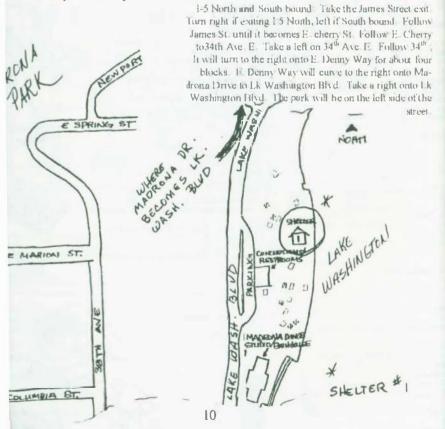
and	42 I can dig if today, I dug it yesterday, and I may dig it tomorrow.
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	47 You could use a s lo your muscles, but it
of Summer	might hur!
e.	49 'To is human — and not loo unusual '
8b, Ab	51 Latin word for 'goddess'
	52 Prefix meaning 'earth '
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address	60 Is attracted to men and/or women
ous sprite	61 Tho was when his mother said, No more
I this together and you have a ballet eostume	crossdressing '
e initials which mean 'reply, please '	62 'Feed a cold, lever'
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title	66 Your Mexican friend is this
Springer and 'Cecker' are types of this	67 Stephanie h_ed that nothing would st_her from
	getting her SRSeration
furniture in the dining room	69 Rin-Tin-Tm was a German Sh_herd
mack at baseball gamesdog	70 Russell's nickname //T
ght #73 across	72 Stephanie learned to give haiself a hormone
ilem's he per	79 Rapper, Snoop Dog
self, and I	80 MTF is this
ngiace	81 Christina's nickname
nitials	85 Did you attend the Lesbian, Gay, Bisexual
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es the eolor of a gaiment when it is	86 Gonder is an may Christians find it difficult to
	talk about
do you want more?	87 To suck noisily
stourlegged companion	88 Theimometeismeasure this
you once, I've told you a million times	93 Slang word for Mother'
B a TS, TV. or TG	95 Don't be suptised if you find out that the traffic cop
9 H 10, 19, 07 10	wears under his uniform
ospital where patients are watched carafully	97 Helena's address
Mobile Manager Sale Mainting Catalogy	98 Lacks a pedigree
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name for 'bue'	110 _ ck, _ b, _ ne m
h long ears and short logs Used for fox	111 What many MTF's and FTM's hope and save for
	112 R_se T_lor, S_d, L_d
ter Griffith's initials	114 Before noon
	115 'Keep all your in a row'
	117 Alphabetical sequence T.
	119 Panting canine
	122 Initials for two adjacent states &
	124 Call for silence
Ore, Eg	126 Italian river
sunnses	127 Sound made by #26 down
ulbea	129 Initials which sound like another way of saying what
CO, there who dees SRS	your bill is
as usuathing a healthy heart	
usually has a healthy heart	130 Except for Van Gooh, we all have two of these
M, C	130 Except for Van Gogh, we all have two of these
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M_, C	131 Even's other half 137 Mild exclamation
M C_ lean Ceunty Is a famous TV TV	131 Even's other half, 137 Mild exclamation 138 Washington and Wisconsin schools have these in
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SECOND ANNUAL INGER SOLL/EMER ALD CITY PICNIC SET FOR AUGUST 16, 1997

lark your calendars! The second annual Ingersoll/Emerald City ammer get together will be held on August 16th at Madrona Park. 1st year's picnic was so successful, that it was decided to do it gain.

his year we were able to reserve a Picnic Shelter at Madrona Park aht on Lake Washington.

e have the shelter for the entire day, but actual festivities will gin at 11:00 am. A map of the area is reproduced below. Also, a have included written instructions on how to get to the park and elter. Hope to see you all there!!



HO, HO, HO, -- IN AUGUST!?

That's right! It's time to start planning for Ingersoll's annual Holiday Happening! We have some incredible surprises being planned for this year's party.

The major change from last year is the fact that this year's Holiday Happening will be held on SUNDAY, DECEMBER 7, 1997. 7:00-10:00 pm. The rest of the information is the same: Best Western Executive Inn, 200 Taylor Ave. No. The reason for the change of days from Saturday to Sunday is because the large ballroom, which we normally use is booked for the December 6, 1997, date.

So, mark your calendars with a big red and green circle and save the date. Here's a teaser for you: You'll never guess who we have coming to entertain us....he, he, he.



SOLUTION TO VANITY PLATE STORY

Hey girl, fley boy!

To be a TV or a TS you half to be one tough cookie.

People ask little me:

Are you a deviate?
Are you a hozer?
Are you ill in the head?
I say to them:
I just love it;
I'm wonderful,

You are excellent.

For me, dressing is thrills and ecstasy.

Fade to Black

You are marvelous.

'HEY, GOOD COOKIN!'

Barbecus Beef Ribs for Two

(I ast year, we published a series of recipes on cooking for two people. We have had several requests for additional recipes for "one and some leftovers, or for two".



Ingradiental

2 pounds beef back tibs

1/2 cup ketchup

2 tablespoons finely chopped onton

2 tablespoons vinegar

1 tablespoon brown sugar

1/2 teaspoon chili powder

1/2 teaspoon Worcestershire sauce

1/8 teaspoon gartic powder

Dash bot pepper sauce (optional



Cut ribs into serving-size pieces, place in a large kettle and cover with water, Simmer, uncovered for 50.60 minutes or until tender. Meanwhile, combine remaining ingredients in a small saucepan. Simmer, uncovered, for 10 minutes. Drain ribs, place in a greased shallow 2-quart baking dish. Cover with sauce. Bake, uncovered, at 350° for 50-60 minutes. Yield: 2 servings (or one with leftovers).

Presentation:

Serve with brown rice and a salad with a light dressing for a wonderful Summer dinner. Don't forget the iced latte or load test

Enjoy and be Proud!!

EMERALD CITY
206-827-9494
PHONES ANSWERED TUESDAYS
7:00 PM 10:00 PM

For Crassdressers. Meetings and social gatherings. Safe, discreet, and confidential. A place to be who you want to be.



THE BUTLER DID IT! BY PAT BUTLER, EXECUTIVE DIRECTOR

About this time of the year, the leaves on the trees seemed to be at their fullest, plumpest point. Alter the month of July, it's as though they begin to shrink – to begin their slowing dying process as they head towards fall. The big, ivy-covered maple trees outside the window of our new office all but obscure the view of the building in the lot below us. They also cover up my view of Lake Washington.

When Fall comes and the leaves begin to change color, I will see the reds, oranges, yellows and brown of these two venerable giants. For a short time, they will warm up the view.

After the last leaf drops, 1 will be able to see the lake. Unfortunately, 1 will also be able to see the ugly, gravel-covered roof of the parole and probation services offices down below us.

Changes. That's what I see outside my window. I remember a ghastly little song made up by Louise Hay, psychotherapist and author. It contained a simple repeated melody, and the words were "Change, it's only change; it's only change, it's only change..." ad infinitum or ad nauseum, depending upon your tolerance level.

The song did, however, remind the listener and singer of the paradox that the only constant in the universe is the fact that there is no constant.

This, in a very real sense is the good news and the bad news. It's good news when time and circumstance seem to be crawling by. We can then remind ourselves that all icky stuff will pass. Nothing lasts for ever.

If nothing lasts for ever, then what about those times when it feels like everything is going exactly the way we want it to? A great man once said, "Happiness makes up in height what it often lacks in length." That is to say, sometimes feelings of happiness don't last nearly long enough for us.

So, we need to savor everything: Happiness, Sadness, Fear, and Anger. If happiness doesn't last for ever, then neither do sadness and the other "less acceptable" emotions. And besides, "Change, it's only change, it's fonly change...."

FROM THE FOUNDER

By Marsha C. Botzer, MA

(This is a reprint from last year. It is so good, we decided to update it and to print it again.)

Ingersoll has always placed self-understanding before action. This is not the same as waiting or postponing, and in our many efforts we look to support the business of discovery as it goes on in each of us.

Ideas must come from our emotions, needs and learning. Don't you think this is so? Our participants look around and ask: "How can we offer more help to our friends and more help to ourselves?" From this questioning comes our services. Our groups and the ways they are structured are born of 20 years of trial, 20 years of suggestions for improvement.

The suggestions continue, and we grow like a diverse and beautiful garden. Our therapists are trained and encouraged, and their work improves and excels.

We look to build a service that encourages individuals while it grows from generation to generation of volunteers.

Flaven't we learned something about change in all these experiences and years? We have! And there is much more to learn. Our friends and participants bring us new learning all the time, and as long as we listen, we grow.

In the future we will offer special trainings -- a chance to learn more about computers, for example -- and life skills that will help in day to day living. These services come because our individuals offer their abilities and their hearts to this work, this work which is not the possession of one only, but of us all.

Go about your business in your own way. If we can help, let us try to do so.

Robert Green Ingersoll's CREED OF SCIENCE

"To love justice, to long for the right, to love mercy, to pity the suffiering, to assist the weak, to forget wrongs and remember benefits -- to love the truth; to be sincere; to utter honest words; to love liberty; to wage relentless war against slavery in all its forms; to love wife, child and friend; to make a happy home; to love the beautiful in art, in nature; to cultivate the mind to

be familiar with mighty thoughts that genius has expressed, the noble deeds of all the world; to cultivate courage and cheerfulness, to make others happy; to fill life with the splendour of generous acts, the warmth of loving words; to discard error, to destroy prejudice; to receive now truths with gladness, to cultivate hope; to see the calm beyond the storm, the dawn beyond the night; to do the best that can be done and then to be resigned—this is the religion of reason, the creed of science. This satisfies the heart and brain."

AA GROUP FOR TRANSSEXUAL,
TRANSGENDER, TRANSVESTITE PEOPLE
TO BEGIN AT INGERSOLL

Amazing Changes, a new AA meeting for transsexual, transgender and transvestite (FTM or MTF) people will begin using the Ingersoll meeting room on Mondays from 6:00-7:00 pm. Meetings will start July 28, 1997.

As stated above, the meetings will be open to any TS/TG/TV person, MTF or FTM, at any stage in their process, who may also be at any stage in their recognition of, or recovery from alcoholism or drug addiction. In order to maintain our principles of anonymity, and our primary purpose of recovery, we request the following:

- The meetings will be closed to the general public, including partners.
- This is not a support group or a rap session. We will strictly follow a traditional AA format.
- No fee will charged to members. All funds will be collected by voluntary donation only. Of the funds collected, a percentage will be allocated to support Ingersoll coffee fund and use of space.

Amazing Changes will provide its own treasurer accountable to its own members, the AA Intergroup as a whole, and Ingersoll Board of Directors, and to the concept of rigorous honesty. Amazing Changes will provide its own secretary to conduct the meetings and coffee break, clean, close and lock the facility after each meeting.

For more information, call Billy Lane, at (206)328-4903; or Miles Conrad at (206-671-1083. There is also an emergency pager number you may call for a rapid call back. (206) 860-1083.

Contents copyright: 1997

Published monthly by

Ingersoll Gender Center 1812 East Madison Suite 106 Seattle, WA 98122

(206) 329-6651

Mail Subscriptions available: \$15,00- (includes 3.00 p/h per year)

Individual copies, \$1.00

Editorial and article contributions are welcomed.

Editor:

Pat Butler

Contributors: Marsha Botzer,

Suzanne Adams Jaye Albright

Ingersoll Gender Center Board of Directors:

Marsha Botzer, MA Patrick Butler

Jude Patton

Bryant Vehrs, President Denise Ottoson, Secretary

Karen Shaw, Treasurer Suzanne Adams, MA

David Schreier

Opinions expressed in the Ingersoll Message are strictly those of the writer. They do not necessarily reflect those of Ingersoll Gender Center or the Board of Directors

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- PLEASE SEND ME AN INFORMATION PACKET. (ENCLOSE \$1.00 p/h AND S.A.S.E. [#10 BUSINESS SIZE])