

Metro

Vol. II. No. 11

December, 1982



CHI DELTA MU Chapter -



# Season's oreetings



## Editorial

In the December 1981 issue of OUR SPECIAL JOY, we talked about 1982 as being a "year of progress". Well, let's review this year.

"Frogress in the sense that CDM becomes firmly established as a working and effective organization". We have certainly met that objective. Witness the "Dear Meg" effort, and our December 17th Dr. Judith radio program, plus other examples. This time last year we had 9 Sisters, we now have 27 with more joining each month.

"...that we help our Sisters in whatever way we can, to achieve a level of happiness with their Second Selves." Well, only you can answer that.

"...we promote the true facts about male, heterosexual crossdressing." In addition to our radio program, we are now listed with the Westchester Self-Help Clearinghouse, and the New Jersey Self-Help Clearinghouse, and have received inquiries from them. Also, we have made contact with a number of other professionals in the field, plus you ladies have deposited many TRI-ESS library cards in the local libraries.

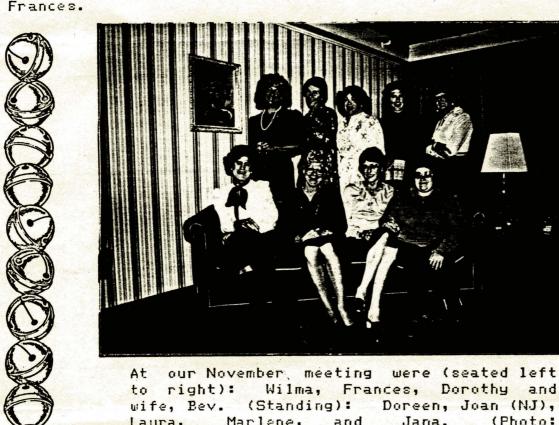
As Editor/Treasurer of our Chapter, I am very happy as to the progress we have made this past year, and I'm sure you are too! I think that we have the same goals and objectives for 1983, the only difference being an even greater potential to grow.

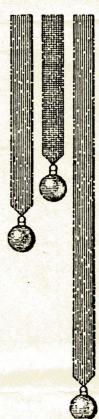
1982 was successful; let us make 1983 even more successful! This will require effort, on your part, as Chapter Sisters. Much effort has already been made by many of you. We hope that this will continue and expand with other Sisters actively participating in the femme world which we love and is rightfully ours. Enjoy!

#### Meetings

...NOVEMBER. Another great success at our Chapter's November meeting. A total of 17 Sisters, wives, and girlfriends or GG friends of the Chapter attended, both at the motel and at the cosmetic application/shopping event. A number of ladies traveled to Ft. Lee to Merle Norman's for a very informative demonstration of make-up usage. An opportunity was made to purchase delightful perfumes and other necessities. The staff of Merle Norman were most helpful and understanding. Most of the group returned to the motel in Paramus after the session. Much thanks to Frances and Wilma for organizing this affair.

...Attending the November meeting were: Chrys, Wilma, Joan of NY and Joan of NJ, Marlene, Laura, Jana, Eileen, Yvonne and girlfriend Vicky, Dorothy and wife Bev, Joanna, Felicity and GG friend Peggy, Doreen and Frances.





to right): Wilma, Frances, Dorothy and wife, Bev. (Standing): Doreen, Joan (NJ), Laura, Marlene, and Jana. (Photo: Frances)

...DECEMBER. Our Saturday, December 11th meeting will be at the same motel in Paramus, beginning in mid-afternoon. As this is the "season to be jolly", you are asked to bring a gift, appropriately femme, of approximately \$5.00 in value, to be exchanged with another Sister. This should make a very nice touch to the meeting, and I thank Jana who, I believe, thought of it.

...1983. Meeting dates (second Saturday of each month):

January 8 February 12 March 12 April 9 May 14 June 11



#### Our Femme Selves

-Ed.

Once we have accepted the fact that we do have a second self, or perhaps more correctly, that there is an important component of our personality which needs expression, it becomes easier for us to understand "why".

We can not scientiffically explain our preferences, nor can we usually provide a better rational for our need to declare our femininity other than to say that it is natural for us to feel the way we do. When I dress, I am outwardly representing that which I inwardly feel. A noted contemporary of Freud, Carl Jung, theorized that males and females have both masculine and feminine personality components ("anima" being the feminine, "amimus" the masculine). Among Jung's comments on this are: "No man is so entirely masculine that he has nothing feminine in him". Could it be that we, as crossdressers, acknowledge the feminine component of our personality, appreciate its importance for us to be a whole person, and recognize it by accepting and adopting the femme within us?

I believe that there is a lot of truth to this. Our desire to express our femme selves does not go away in spite of all the clothing purges and other self-defeating measures which we may go through. You do not do away with the need to dress the way you stop smoking. Why? Because smoking is external to yourself; you become adicted to nicotine, a foreign substance to your body. Your desire to adopt the femme, on the other hand, is due to that important feminine component of your personality, one which can not be changed or done away with because it is YOU, your personality.

.....Now, I am not saying that everyone is really TV. The Good Lord in His/Her infinate Wisdom, made each of us in a unique manner. Perhaps some of us were blessed with an extra dose of "anima" at the time of our creation, and that is why we are what we are.

Also, by accepting and adopting the femme in us I am not saying that we are expressing homosexual urges in another manner. Virginia Prince dealt with this subject with a very consise and effective statement: "Sex is between your legs, gender between your ears".

So, assuming what has been said thus far is logical, it would be unhealthy for us to deny our essence. Repression of one's femininity causes other problems. Hence, the inaccurate viewpoint of TV on the part of many medical and psychiatric professionals: they only see the troubled TV and draw their conclusions from them. We still have good, old "society" to deal with. But as history has demonstrated, "society" can change. Perhaps that is our job, to see that "society" can accept males who prefer the femme gender role and who are not a threat to anyone's social or sexual well-being. Time will tell.



#### Shopping

The sixe chart on this page is from a Lane Bryant catalog and may be helpful for you Sisters who only shop (ahem), for the "wife", "sister", or "girlfriend" at this time of year.

If you would like their
catalogs, write:

Lane Bryant 2300 Southeastern Av. Indianapolis, IN 46207

Several Chapter Sisters shop at their White Plains store, both dressed and as men. The store personnel are very considerate and helpful.



# FOR THE BEST FIT, USE THIS SIZE CHART.

For that extra measure of good fit, remember ..

ON COATS and budget dresses, you don't need to order a larger size. All our garments are amply cut, regardless of price!

ON PANTS, order by the waist size that most closely corresponds to your hip measurements. All our pants have been carefully proportioned to fit and flatter the fuller figure.

ON LENGTHS. Most garments are longer than shown to allow for your own preference in length. Most dresses and coats have ample 2" hems. Slacks are 43" long (minims 39") unless otherwise stated.

ON ALL FITTED GARMENTS, order the size that best matches your bust, waist and hip measurements.

IF YOU'RE IN BETWEEN SIZES, order a size larger.

# USE THIS CHART TO ORDER DRESSES, COATS, SUITS, PANTSUITS, SLEEPWEAR, SHIFTS, ROBES, LOUNGEWEAR.

HALF SIZES	121/2	141/2	161/2	181/2	201/2	221/2	241/2	261/2	281/2	301/2	321/2	341/2			
WOMEN'S SIZES	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60
MISSES SIZES	14	16	18	20	22	24									
IF YOUR BUST	35-	37-	39-	41–	43-	45-	47-	49-	51-	53-	55-	57-	59-	61-	63
MEASURES	37	39	41	43	45	47	49	51	53	55	57	59	61	63	65
IF YOUR WAIST	28-	30-	32-	34-	36-	38-	40-	42-	44-	46-	48-		52-	54	56
MEASURES	30	32	34	36	38	40	42	44	46	48	50		54	56	58
IF YOUR HIPS	36-	38-	40-	42-	44-	46-	48-	50-	52-	54-	56-	58-	60-	62-	64
MEASURE	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66

ORDER MINIMS SIZES IF 5.3" AND UNDER. Minims fit same body measurements as half sizes, but are shorter from shoulder to waist, with shorter sleeves. Dresses are 4" shorter in length, slacks are 39" long and shorter from waist to crotch.

#### USE THIS CHART TO ORDER PANTS, SKIRTS, SHORTS, CULOTTES

ORDER WAIST SIZE		30											
IF YOUR	36-	38-	40-	42-	44-	46-	48-	50-	52-	54-	56-	58-	60-
HIPS MEASURE	38	40	42	44	46	48	50	52	54	56	58	60	62

#### USE THIS CHART TO ORDER BLOUSES, SHIRTS, TOPS

ORDER WOMEN'S SIZE											52	
IF YOUR	35-	37-	39-	41-	43-	45-	47-	49-	51-	53-	55-	57-
BUST MEASURES	37	39	41	43	45	47	49	51	53	55	57	59

#### USE THIS CHART TO FIND YOUR BRA CUP SIZE

If Bust is larger than chest by	1½ to 2½ in.	2½ to 3½ in.	3½ to 4½ in.	4½ to 5½ in.	over 5½ in.
Your Bra Cup Size is	В	С	D	DD/E*	F

\*DD and E Cups are the same size

ORDER SWEATERS AND FULL SLIPS by bust measurement, in the bust size nearest to your bust measurement.

ORDER PANTIES by hip measurement, in the hip size nearest to your hip measurement.

ORDER BRAS & ALL IN ONES by closest even-number chest size, then figure cup size from bra chart. We need both sizes to fill your order.

P.S. Still Not Succeed Green Sugar Supply Just fill in all of your measurements in the space provided at the bottom of the order form. We'll do all the figuring for you, and make sure you get the right size!

#### In Case You Missed It

Dear Dr. Brothers: I'm so shocked and disturbed, I can hardly write this letter. Last week, I called on my cousin and his wife without phoning first. I normally would have called but I just happened to be in the neighborhood and to get to a telephone, I'd have to drive out of my way.

When I went to the door, there was my cousin, a six-foot - two male, dressed like a woman about to go out to an evening party. In fact, that's exactly what he and his wife were going to do. This man has two children, both of whom are now away at school. I'm sure they don't know that he's homosexual. Let me assure you, this wasn't a gag. They weren't going to a costume ball. E. E.

Dear E. E.: A transvestite isn't the same as a homosexual. Transvestites are heterosexual men who want to experience both the male and female sides of their personalities but who restrict their sexual activities to females. Less than one percent of crossdressers are homosexuals.

Transsexuals, on the other hand, are men who feel trapped in their male bodies and wish to escape to live as women who are sexually attracted to men.

A recent study of transvestites in California revealed that they're above average in intelligence and, usually, in earning capacity. They're achievers, aggressive and competitive, and attracted to high pressure occupations. Most are married and have a great desire that their wives know and understand their crossdressing.

They tend to be in macho-type occupations. They're much more apt to be truck drivers than hair dressers. Many say they leave the pressures and competitiveness behind them when they put on women's clothing.  $\Delta$ 

Now, aren't YOU glad that YOU are one of THOSE PEOPLE!

America's
foremost
psychologist
every
filonday to
Friday in
THE POST



I'm certain that Dr. Brothers received her information from TRI-ESS; again yet another reason for YOU to support the national organization in its effort to promote the truth about crossdressing and eliminate the ignorance that abounds (witness the letter writer).





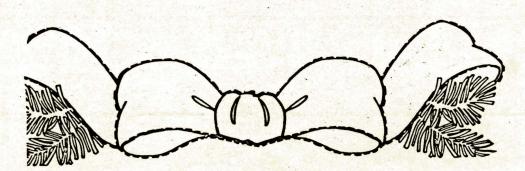
#### Chapter Promotion & Activities

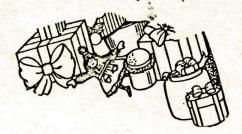
- ...Pest wishes to all ladies and friends at this warm and happy time of year.
- ... I know that all members are very glad about our up-coming radio program on December 17th. Much thanks to our Sister, Eileen, and wonderful wife, Priscilla, for their participation on the program. We know that it will be a success!
- ...The program will be on the Dr. Judith Kuriansky talk show, 9 to 10 FM, on WABC-AM radio (770 frequency). We will, no doubt, have many inquiries. Carol Beecroft and I have procedures in place: all persons interested will contact Carol in Califorinia, and she will send them the standard TRI-ESS literature package. Carol will then send the letters on to me, a la "Dear Meg". Depending on volume, I will attempt to write each person. Those ladies who have offered to help will receive the letters from those who inquired and who live nearby. Depending on numbers and interest, we may have a new-commers' "Social" for new Sisters, and their wives/girlfriends.

#### :::::::::::: IMPORTANT NOTICE !!!

In the January newsletter I hope to include a questionnaire about the future direction and organization of our Chapter, and also concerning OUR SPECIAL JOY. If you have any suggestions about the questionnaire, please let me know.

- ...Movie critiques of Dustin Hoffman's "Tootsie" which, coincidently (?), premiers the day of our radio program, are most-welcomed and will be published in a future newsletter.
- ...Let's make this coming March "TRI-ESS Library Month". To do this we need a Sister to be our Chapter Librarian and to coordinate the distribution of our library cards and book donations. A volunteer for a very important and effective project?
- ... /et one more important task which should be undertaken...our Sister, Julie (MO-204-D), is the National Publicity Director for TRI-ESS. Julie has developed a very effective publicity program, in particular, for the press. Articles about us have already appeared in several newspapers in Green Bay, WI., and Rockford, IL. Julie has detailed the necessary steps which should be taken to get the correct "press", and has many suggestions as to how best accomplish this. Also, material has already been prepared for print. Several Sisters in these geographic areas were actually interviewed by reporters, and they gave their stories plus a description of the Society for the Second Self. All we need is someone AGAIN—to take on this job and to do the necessary work.





# Treasurer's Report

Beginning Cash Palance (11/1/82)..... \$204.58

Meeting fees....120.00 Frances Membership renewals.....20.00 Total......140.00

Expenses Motel.....52.50 Refreshments....33.00 Postage.........10.00 Total.....95.50

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Thank you Marion and Frances for renewing with your Sorority's Chapter: CHI DELTA MU.

We ask that all Sisters who have not yet renewed their membership in the Chapter, or those who have attended our meetings but who have not formally joined the Chapter, to renew/join. This is important for two reasons: First, we need your \$10.00. Although the Treasury is growing, we anticipate heavy expenses for the radio/TV programs. Assuming that the programs are going to be effective and that we will have more members, its money well-spent. Second, to be counted in our numbers you must be a member of the Chapter. It is much better for us to say that we have 35 Sisters in the Chapter rather than the 27 or so we now have "on the books". Your Treasurer's address is on the last page of the newsletter, and I hope that you will support us.

Your Editor recently received a letter from a Sister seeking advice on a very important matter for her. In giving this some thought, I believe that there may number of different suggestions which should come from you ladies and not just me, and that they could be helpful for others in a similar situation. Therefore, I am printing part of this letter in OUR SPECIAL JOY and I'm asking you to send in your advice and comments, which will be published in the newsletter. Please help your Sister, "Sandy" (not her real name); you can use your real name or remain anonymous, and comments wives/girlfriends would be MOST welcomed!

#### "Dear Mary Jane:

..I am 33 years of age. I have been married twice. destruction of those relationships had to do with TVism.

I am, once again, becoming deeply involved with a very lovely lady from N.J. The question is how do I relate this to her. I've tried before and failed. (I have the books 'Understanding Crossdressing' and Transvestite and His Wife'.) I've tried stating my case logically and quietly, to no avail. You know how hard this is. But what to do? Hide it? I really don't want to lose again. But, somewhere along the line, she'll have to know.

Any advise you or my other Sisters have will be more than greatly appreciated.

Sincerely,"

#### "Sandy"

If you would like to write to "Sandy" privately, enclose your letter in an envelop, seal, post, and send on to me in a largerenvelop. I will forward your letter to "Sandy". Ed.

### TV & "TV"

... As reported in last month's newsletter, our Sister Eileen initially had great difficulty in working with WABC management to get our radio program going. At first, the subject of male, hetrosexual crossdressing was thought to be "too controversial", and perhaps not important enough to be reported in the media (after all, there are only some 3,000,000 to 4,000,000 of us, but less than 1,000 belong to the national organization).

...However, Eileen was so convincing of our position that not only did WABC confirm our 12/17 radio program, but when a spot opened on WABC-TV (Ch. 7) news the week of 11/29, Eileen, wife, and children were asked if they would be interested in doing a 5-minute item and discuss TV. As this article is being written prior to this "TV" TV program, we trust that all went well and that the radio program, our Chapter, and the national organization were given a significant promotion because of "TV".

...I should add that this caused Eileen and family considerable disruption of their Thanksgiving weekend. They had to travel several hundred miles to accomplish the taping of the program, and then return to their family upstate, near Albany, the same day. Considering this effort and Eileen's travel expenses for the radio program, I now make a motion to be acted upon at the December meeting that the Chapter reimburse Eileen for her outlay in her travel cost.

...Our Sister, Patricia, was scheduled to accompany Eileen and family for the taping to take some pictures of this significant event in our Chapter's short history.

"I know that this is the 'New Army' Major, but isn't Pvt. Bailey going a little too far?"





Well, another year. Both my wife and I are very happy to have met so many nice people through the Chapter, and we are looking forward to meeting more in 1983. I'm sure that you ladies and wives/girlfriends/GG friends have the same feeling. Its nice to be with a group of folks who are just like yourself and who have the same cares, concerns, and beliefs. Again, enjoy!

Editor/Treasurer: Mary Jane (NY-206-M); address: Poughkeepsie, NY 12601.
Production/Distribution: Nora Helene NJ-202-C.

Best Regards + Warm for '83. Mary Jane.